

Apply The 5 Core Concepts: SMART GOALS

1. Specific 2. Measurable 3. Achievable

4. Relevant 5. Time bound

My Porsonal Vision

Remember:				
Visualize your life at Graduationthen 5 years , and then 10 years out What would you dare to do if you knew you could not fail? Describe what you see, hear, and feel in your ideal life. Who is there? How do you spend your time? What things are you good at: Where do you spend your time? What things do you like?				
-				

Example	:
---------	---

I will save money for school-or......

affirmative, concise

I save \$10,000 for my college fund by September 12 quantifiable & specific

by-when date

My Goals

trickle back	ER.	GRADUATION	
- trickle	CAREER		
	青		
	НЕАЦТН		
	PERSONAL		
	PERS		
		5 year	
	CAREER		
	НЕАГТН		
	AL		
	PERSONAL		
		10	L. L.
	CAREER	10 year	by when
	CAF		
	НЕАГТН		
	ERSONAL		